

Lying On The Couch Irvin D Yalom

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Writing the Talking Cure - Jeffrey Berman 2019-05-01

Explores Yalom's profound contributions to psychotherapy and literature. A distinguished psychiatrist and psychotherapist, Irvin D. Yalom is also the United States' most well-known author of psychotherapy tales. His first volume of essays, *Love's Executioner*, became an immediate best seller, and his first novel, *When Nietzsche Wept*, continues to enjoy critical and popular success. Yalom has created a subgenre of literature, the "therapy story," where the therapist learns as much as, if not more than, the patient; where therapy never proceeds as expected; and where the therapist's apparent failure proves ultimately to be a success. *Writing the Talking Cure* is the first book to explore all of Yalom's major writings. Taking an interdisciplinary approach, Jeffrey Berman comments on Yalom's profound contributions to psychotherapy and literature and emphasizes the recurrent ideas that unify his writings: the importance of the therapeutic relationship, therapist transparency, here-and-now therapy, the prevalence of death anxiety, reciprocal healing, and the idea of the wounded healer. Throughout, Berman discusses what Yalom can teach therapists in particular and the common (and uncommon) reader in general. "As a psychiatrist who has benefitted enormously not only from Yalom's writings but also from his mentorship, I admire Berman's relationship to his subject. They both write lucidly and imaginatively, inviting the reader to accompany them on a personal journey that is intriguing but intellectually rigorous. Reading this book helps me to better understand Yalom's dual roles—as brilliant psychotherapist/teacher and compelling novelist.

Berman's book-by-book examination of Yalom's work illustrates how good therapy involves facing reality, and good fiction involves making stories come alive by resonating with the hard truths of life. He is the perfect guide to Yalom, capturing his wisdom and creativity with respect and clarity." — David Spiegel, author of *Living Beyond Limits: New Hope and Help for Facing Life-Threatening Illness* "This is a convincing celebration of and commentary on one of the most prominent psychotherapists of the last century. For anyone interested in the popularization of an idiosyncratic form of existential psychotherapy for individuals and groups, this will be an important book." — Murray Schwartz, Emerson College "In this richly textured book, Berman takes us backstage in a warm and skillful exploration of Irvin Yalom's unmatched contributions as a psychotherapist, author, and educator. We are provided a transparent view of how human healing emerges from our talking, writing, and reading. Berman reminds us eloquently that psychotherapy is, at its essence, the process of human connection and the joint attribution of meaning to experience." — Melyn Leszcz, The University of Toronto

Becoming Myself - Irvin D. Yalom 2019-05-28

Bestselling writer and psychotherapist Irvin D. Yalom puts himself on the couch in a lapidary memoir *Irvin D. Yalom* has made a career of investigating the lives of

others. In this profound memoir, he turns his writing and his therapeutic eye on himself. He opens his story with a nightmare: He is twelve, and is riding his bike past the home of an acne-scarred girl. Like every morning, he calls out, hoping to befriend her, "Hello Measles!" But in his dream, the girl's father makes Yalom understand that his daily greeting had hurt her. For Yalom, this was the birth of empathy; he would not forget the lesson. As *Becoming Myself* unfolds, we see the birth of the insightful thinker whose books have been a beacon to so many. This is not simply a man's life story, Yalom's reflections on his life and development are an invitation for us to reflect on the origins of our own selves and the meanings of our lives.

When Nietzsche Wept - Irvin D. Yalom 1992-08-23

Asked to treat Friedrich Nietzsche for his suicidal despair following a broken love affair, eminent Viennese physician Josef Breuer devises an ingenious approach that would force Nietzsche to apply his own theories to cure himself. \$35,000 ad/promo.

Lying On The Couch - Irvin D. Yalom 2014-03-25

From the bestselling author of *Love's Executioner* and *When Nietzsche Wept* comes a provocative exploration of the unusual relationships three therapists form with their patients. Seymour is a therapist of the old school who blurs the boundary of sexual propriety with one of his clients. Marshal, who is haunted by his own obsessive-compulsive behaviors, is troubled by the role money plays in his dealings with his patients. Finally, there is Ernest Lash. Driven by his sincere desire to help and his faith in psychoanalysis, he invents a radically new approach to therapy -- a totally open and honest relationship with a patient that threatens to have devastating results. Exposing the many lies that are told on and off the psychoanalyst's couch, *Lying on the Couch* gives readers a tantalizing, almost illicit, glimpse at what their therapists might really be thinking during their sessions. Fascinating, engrossing and relentlessly intelligent, it ultimately moves readers with a denouement of surprising humanity and redemptive faith.

Love's Executioner - Irvin D. Yalom 2000-09-05

This collection of ten absorbing tales by a master psychotherapist uncovers the mysteries, frustrations, pathos, and humor at the heart of the therapeutic encounter.

Creatures of a Day - Irvin D. Yalom 2015-03-05

What makes life worth living? What can we do to lead meaningful lives? And how do we confront our inevitable end? In his long career, eminent psychotherapist and author Irvin Yalom has pressed his patients and readers to grapple with life's two greatest challenges: that we all must die, and that each of us is responsible for leading a life worth living. In *Creatures of a Day*, he and his patients face the difficulty of these challenges. Although these people have come to Yalom seeking relief, recognition, or meaning, he and they discover that such things are rarely found in the places where we think to look. Like *Love's Executioner* and

Yalom's other writing, *Creatures of a Day* provides an intelligent, compassionate, yet still unflinching look at the human soul and all the pain, confusion, and hope that go with it. The power of these stories is amplified by Yalom's reflections on his own life as he reckons with its inevitable end. Suffused with humor, great artistry, and a profound humanity, *Creatures of a Day* lays bare the necessary task we each face, each day, to make our own lives meaningful.

The Gift Of Therapy (Revised And Updated Edition) - Irvin D. Yalom 2011-03-03

THE GIFT OF THERAPY is the culmination of master psychiatrist Dr Irvin Yalom's thirty-five years' work as a therapist, illustrating through real case studies how patients and therapists alike can get the most out of therapy. Presented as eighty-five 'tips' for 'beginner therapists', Yalom shares his own fresh approach and the insights he has gained while treating his patients. Personal, and sometimes provocative, Yalom makes some unorthodox suggestions, including: Let the patient matter to you; Acknowledge your errors; Create a new therapy for each patient; Make home visits; (Almost) never make decisions for a patient; and Freud was not always wrong. This is an entertaining, informative and insightful read for both beginners and more experienced therapists, patients, students and everyone with an interest in the subject.

Existential Psychotherapy - Irvin D. Yalom 2020-03-17
The definitive account of existential psychotherapy. Existential therapy is practiced throughout the world. But until now, it has lacked a coherent structure. In *Existential Psychotherapy*, Irvin Yalom finds the essence of existential psychotherapy, synthesizing its historical background, core tenets, and usefulness to the practice. Organized around what Yalom identifies as the four "ultimate concerns of life" -- death, freedom, isolation, and meaninglessness -- the book takes up the meaning of each existential concern and the type of conflict that springs from our confrontation with each. He shows how these concerns are manifested in personality and psychopathology, and how treatment can be helped by our knowledge of them. Drawing from clinical experience, empirical research, philosophy, and great literature, Yalom provides an intellectual home base for those psychotherapists who have sensed the incompatibility of orthodox theories with their own clinical experience, and opens new doors for empirical research. The fundamental concerns of therapy and the central issues of human existence are woven together here as never before, with intellectual and clinical results that will surprise and enlighten all readers.

Love's Executioner - Irvin D. Yalom 2013

Why was Saul tormented by three unopened letters from Stockholm? What made Thelma spend her whole life raking over a long-past love affair? How did Carlos' macho fantasies help him deal with terminal cancer? In *Love's Executioner* psychotherapist Irvin Yalom gives detailed and deeply affecting accounts of his work with these and seven other patients. Their case histories lay bare human anxieties - isolation, fear of death or freedom, a sense of the meaninglessness of life - that few of us escape completely, and show how we can all come to terms with such fears. Throughout, Dr Yalom remains refreshingly frank about his own errors and prejudices; his book provides a rare glimpse into the consulting room of a master therapist. 'The best therapists are at least partly poets. With this riveting and beautifully written book, Yalom has joined their ranks.' Erica Jong 'Dr Yalom offers a valuable insight into the delicate process of therapy.' Sunday Telegraph 'These remarkably moving and instructive tales of the psychiatric encounter bring the reader into novel territories of the mind - and the landscape is truly unforgettable.' Maggie Scarf 'Irvin Yalom writes like an angel about the devils that besiege us.' Rollo May 'Dr Yalom is unusually

honest, both with his patients and about himself.' Anthony Storr

The Gift of Therapy - Irvin Yalom 2009-05-12

The culmination of master psychiatrist Dr. Irvin D. Yalom's more than thirty-five years in clinical practice, *The Gift of Therapy* is a remarkable and essential guidebook that illustrates through real case studies how patients and therapists alike can get the most out of therapy. The bestselling author of *Love's Executioner* shares his uniquely fresh approach and the valuable insights he has gained--presented as eighty-five personal and provocative "tips for beginner therapists," including: Let the patient matter to you Acknowledge your errors Create a new therapy for each patient Do home visits (Almost) never make decisions for the patient Freud was not always wrong A book aimed at enriching the therapeutic process for a new generation of patients and counselors, Yalom's *Gift of Therapy* is an entertaining, informative, and insightful read for anyone with an interest in the subject.

I'm Calling the Police - Irvin D. Yalom 2011-03-01

"Something heavy is going on ... the past is erupting ... my two lives, night and day, are joining. I need to talk." Irvin Yalom's old medical school friend was making a plea for help. In their fifty years of friendship, Bob Berger had never divulged his nocturnal terrors to his close comrade. Now, finally, he found himself forced to. In *I'm Calling the Police*, Berger recounts to Yalom the anguish of a war-torn past: By pretending he was a Christian, Berger survived the Holocaust. But after a life defined by expiation and repression, a dangerous encounter has jarred loose the painful memory of those years. Together, they interpret the fragments of the horrific past that haunt his dreams. *I'm Calling the Police* is a powerful exploration of Yalom's most vital themes--memory, fear, love, and healing--and a glimpse into the life of the man himself.

The Freud Scenario - Jean-Paul Sartre 2013-03-12

In 1958, the US director John Huston asked Jean-Paul Sartre to write a scenario for a film about Sigmund Freud. Huston wanted Sartre to concentrate on the conflict-ridden period of Freud's life when he abandoned hypnosis and invented psychoanalysis. The *Freud Scenario*, discovered in Sartre's papers after his death, is the result--a deft portrait of a man engaged in a personal and intellectual struggle that would prove a turning point in twentieth-century thought. Sartre did not regard this script as a diversion from his larger intellectual project. Freud's preoccupations with female hysteria and the father relationship touched on major themes in his own work, and *Loser Wins*, *The Family Idiot* and *Words*, some of Sartre's most celebrated publications, are all in some way derived from his work for Huston. Written for a Hollywood audience, *The Freud Scenario* demonstrates that, in addition to a towering intellect, Sartre enjoyed a genuine popular touch. Already widely acclaimed in France, *The Freud Scenario* stands as a valuable testament to two of the most influential minds in modern history.

Concise Guide to Group Psychotherapy - Sophia Vinogradov 1989

This guide examines the unique therapeutic value of group psychotherapy. Written for the clinician in need of concise, clinically relevant information, this book discusses how the patient-patient and the patient-therapist interactions in a group setting can affect changes in maladaptive behavior.

Staring at the Sun - Irvin D. Yalom 2008

Written in Irvin Yalom's inimitable story-telling style and capping a lifetime of work and personal experience, *Staring at the Sun* is a profoundly encouraging approach to the universal issue of mortality. At the age of 74 best-selling author Irvin Yalom turns his attention to one of the great human questions: our fear of death. He suggests that what he calls the 'awakening experience'

can help us acknowledge, accept, and make use of our fear of death in a positive manner. These awakening experiences often follow a loss, a trauma, or the death of a loved one, illness or just growing old. Yalom shows us how such an awakening can be the turning point for a more meaningful life. This is a practical and tremendously useful book, including methods and techniques for dealing with the most prevalent kinds of fear: that anxiety which is hidden and appears to us as other problems in our lives. Dr. Yalom argues that once we confront our own mortality, we are inspired to rearrange our priorities, communicate more deeply with those we love, appreciate more keenly the beauty of life, and increase our willingness to take the risks necessary for personal fulfilment.

Couch Fiction - Philippa Perry 2020-11-26

'A gem' - The Evening Standard 'Pure book joy. Deep thinking made digestible & doled up with lashings of wit' Bernardine Evaristo on Twitter 'So smart and interesting!' Fearne Cotton on Instagram

Ever wanted to know what really happens in a therapist's consultation room? Bestselling author Philippa Perry (The Book You Wish Your Parents Had Read) turns her keen insights to the power of therapy. This compelling study of psychotherapy in the form of a graphic novel vividly explores a year's therapy sessions as a search for understanding and truth. Beautifully illustrated by Flo Perry, author of How to Have Feminist Sex, and accompanied by succinct and illuminating footnotes, this book offers a witty and thought-provoking exploration of the therapeutic journey, considering a range of skills, insights and techniques along the way.

'I loved it. I smiled and laughed. And nodded. One to read' Susie Orbach, author of In Therapy '(Full of) wit and good sense (...)
Philippa is a tonic' Rachel Cooke, Observer
Lying on the Couch - Irvin D. Yalom 1997-07-18
From the bestselling author of Love's Executioner and When Nietzsche Wept comes a provocative exploration of the unusual relationships three therapists form with their patients. Seymour is a therapist of the old school who blurs the boundary of sexual propriety with one of his clients. Marshal, who is haunted by his own obsessive-compulsive behaviors, is troubled by the role money plays in his dealings with his patients. Finally, there is Ernest Lash. Driven by his sincere desire to help and his faith in psychoanalysis, he invents a radically new approach to therapy -- a totally open and honest relationship with a patient that threatens to have devastating results. Exposing the many lies that are told on and off the psychoanalyst's couch, *Lying on the Couch* gives readers a tantalizing, almost illicit, glimpse at what their therapists might really be thinking during their sessions. Fascinating, engrossing and relentlessly intelligent, it ultimately moves readers with a denouement of surprising humanity and redemptive faith.

Momma And The Meaning Of Life - Irvin D. Yalom 2015-03-19

This classic medium, first popularised by Freud and, more recently, by Oliver Sacks and Yalom himself, provides a fascinating insight into the human condition and our search for happiness. Contains six absorbing case studies which reveal the intricacies our psychological landscapes. Provides a fascinating insight into the human condition and our search for happiness. Explores the unique dynamic of the relationship between therapist and client. Absorbing and deeply thoughtful, *Momma and the Meaning of Life* is a work of rare insight and imagination.

The Yalom Reader - Irvin D. Yalom 1998-01

From one of the most celebrated and highly respected

authorities in the field of psychotherapy comes a collection of his best works. In this anthology of Yalom's most influential work to date, readers experience the diversity of his writings, with pieces that range from the highly concrete and clinical to the abstract and theoretical.

Climate Change and Food Security in Asia Pacific - Md Saidul Islam 2021-04-01

Using an interdisciplinary approach, this book evaluates the complex nexus between climate change and regional food security in Asia Pacific. Feeding the planet puts a lot of stress on the environment. The fundamental challenges we are facing today include how to grow more from less in a sustainable manner; how to optimize the entire food value chain from field to fork to reduce the carbon footprint, protect the environment and support biological diversity, cause less water pollution and soil erosion, raise levels of nutrition, improve agricultural productivity, better the lives of rural populations and contribute to the growth of the world economy. With a robust multi-site study in Southeast Asia, Pacific Island Forum and South Asia, this book examines the regional initiatives on, the current state of, and the future prospects for mitigations and resilience regarding climate change and food security vis-à-vis other regions of the world.

Lying On The Couch - Irvin D. Yalom 1996-07-11

Frustrated by the challenges of his psychiatric practice, Ernest Lash is compelled to create a remarkable new approach to therapy that involves a completely open, authentic relationship with his clients. \$50,000 ad/promo. Tour.

Creatures of a Day - Irvin D. Yalom 2016-03-08

From the best-selling author of "Love's Executioner," a penetrating exploration of life, death, and the search for meaning"

The Schopenhauer Cure - Irvin Yalom 2009-10-13

From the internationally bestselling author of Love's Executioner and When Nietzsche Wept, comes a novel of group therapy with a cast of memorably wounded characters struggling to heal pain and change lives. Suddenly confronted with his own mortality after a routine checkup, eminent psychotherapist Julius Hertzfeld is forced to reexamine his life and work -- and seeks out Philip Slate, a sex addict whom he failed to help some twenty years earlier. Yet Philip claims to be cured -- miraculously transformed by the pessimistic teachings of German philosopher Arthur Schopenhauer -- and is, himself, a philosophical counselor in training. Philip's dour, misanthropic stance compels Julius to invite Philip to join his intensive therapy group in exchange for tutoring on Schopenhauer. But with mere months left, life may be far too short to help Philip or to compete with him for the hearts and minds of the group members. And then again, it might be just long enough.

Every Day Gets a Little Closer - Irvin D. Yalom 2008-08-01

The many thousands of readers of the best-selling Love's Executioner will welcome this paperback edition of an earlier work by Dr. Irvin Yalom, written with Ginny Elkin, a pseudonymous patient whom he treated -- the first book to share the dual reflections of psychiatrist and patient. Ginny Elkin was a troubled young and talented writer whom the psychiatric world had labeled as "schizoid." After trying a variety of therapies, she entered into private treatment with Dr. Irvin Yalom at Stanford University. As part of their work together, they agreed to write separate journals of each of their sessions. *Every Day Gets a Little Closer* is the product of that arrangement, in which they alternately relate their descriptions and feelings about their therapeutic relationship.

When Nietzsche Wept - Irvin D. Yalom 2019-08-06

In nineteenth-century Vienna, a drama of love, fate, and

will is played out amid the intellectual ferment that defined the era. Josef Breuer, one of the founding fathers of psychoanalysis, is at the height of his career. Friedrich Nietzsche, Europe's greatest philosopher, is on the brink of suicidal despair, unable to find a cure for the headaches and other ailments that plague him. When he agrees to treat Nietzsche with his experimental "talking cure," Breuer never expects that he too will find solace in their sessions. Only through facing his own inner demons can the gifted healer begin to help his patient. In *When Nietzsche Wept*, Irvin Yalom blends fact and fiction, atmosphere and suspense, to unfold an unforgettable story about the redemptive power of friendship.

The Spinoza Problem - Irvin D. Yalom 2012-03-06

A haunting portrait of Arthur Rosenberg, one of Nazism's chief architects, and his obsession with one of history's most influential Jewish thinkers In *The Spinoza Problem*, Irvin Yalom spins fact and fiction into an unforgettable psycho-philosophical drama. Yalom tells the story of the seventeenth-century thinker Baruch Spinoza, whose philosophy led to his own excommunication from the Jewish community, alongside that of the rise and fall of the Nazi ideologue Alfred Rosenberg, who two hundred years later during World War II ordered his task force to plunder Spinoza's ancient library in an effort to deal with the Nazis' "Spinoza Problem." Seamlessly alternating between Golden Age Amsterdam and Nazi Germany, Yalom investigates the inner lives of these two enigmatic men in a tale of influence and anxiety, the origins of good and evil, and the philosophy of freedom and the tyranny of terror.

Inpatient Group Psychotherapy - Irvin D. Yalom 1983-05-11

In a book for front-line clinicians, Irvin Yalom turns to the inpatient psychiatric setting and offers new ways of conceptualizing the techniques of group therapy for use on acute wards. While some group therapy occurs in all psychiatric hospitals, it is rarely handled systematically and is not properly supported by the psychiatric leadership. Arguing from his own research results and from his years of experience, Yalom makes a strong case for the importance and efficacy of group therapy on all acute wards. "An eminently practical guide to what works".--Marc Hertzman, Dir., George Washington Univ. Medical Center. Notes, Appendix and Index.

Momma And The Meaning Of Life - Irvin D. Yalom 1999-09-09

An exploration of therapy examines six cases and their progression, giving the reader a look at the lives and problems of normal people

At Weddings and Wakes - Alice McDermott 2013-11-21

Twice a week, Lucy Dailey leaves suburbia with her three children in tow, returning to the Brooklyn home where she grew up, and where her stepmother and unmarried sisters still live. Aunt Veronica, with her wounded face and dreams of beauty, drowns her sorrows in drink. Aunt Agnes, an acerbic student of elegance, sips only from the finest crystal as she sees Aunt May, the ex-nun, blossom with a late and unexpected love. And all the while, the children watch, absorbing the legacy of their haunted family. At once a moving evocation of life's inexplicable calamities and a magical celebration of childhood and familial love, *AT WEDDINGS AND WAKES* is the story of three generations of an Irish-American family through the eyes of its youngest members. With eloquence and grace, master storyteller Alice McDermott transforms everyday experience into the heroic and universal.

Love's Executioner - Irvin D. Yalom 2012-06-05

This collection of ten absorbing tales by master psychotherapist Irvin D. Yalom uncovers the mysteries, frustrations, pathos, and humor at the heart of the therapeutic encounter. First published in 1989, this New

York Times bestselling collection of ten tales has become a classic. Yalom not only gives us a rare and enthralling glimpse into his patients' personal desires and motivations, but also tells his own story as he struggles to reconcile his all-too-human response with his sensibility as a psychiatrist. Now with a new afterword, *Love's Executioner* promises to inspire generations of readers to come.

The Gift of Therapy - Irvin D. Yalom 2002

The Gift of Therapy is the new book from the bestselling author of *Love's Executioner*. The culmination of master psychiatrist Dr Irvin Yalom's forty-five years' work as a therapist, this book illustrates through real case studies how patients and therapists alike can get the most out of therapy. Presented as eighty-five 'tips' for 'beginner therapists', Yalom shares his own fresh approach and the insights he has gained while treating his patients. Personal, and sometimes provocative, Yalom includes some unorthodox suggestions: - Let the patient matter to you - Acknowledge your errors - Create a new therapy for each patient - Three kinds of therapist self-disclosure - Revealing the therapist's personal life: use caution - Full interpretation of a dream? Forget it - Freud was not always wrong This is an entertaining, informative and insightful read for both beginner (and experienced) therapists, patients and everyone with an interest in the subject.

The Examined Life: How We Lose and Find Ourselves - Stephen Grosz 2014-05-12

The author describes his work as a psychoanalyst over a twenty-five year period, describing his efforts to guide his patients to personal insights into their behaviors and resolutions which can change their lives for the better.

Staring at the Sun - Irvin D. Yalom 2010-06-10

Written in Irv Yalom's inimitable story-telling style, *Staring at the Sun* is a profoundly encouraging approach to the universal issue of mortality. In this magisterial opus, capping a lifetime of work and personal experience, Dr. Yalom helps us recognize that the fear of death is at the heart of much of our anxiety. Such recognition is often catalyzed by an "awakening experience"—a dream, or loss (the death of a loved one, divorce, loss of a job or home), illness, trauma, or aging. Once we confront our own mortality, Dr. Yalom writes, we are inspired to rearrange our priorities, communicate more deeply with those we love, appreciate more keenly the beauty of life, and increase our willingness to take the risks necessary for personal fulfillment.

A Matter of Death and Life - Irvin D. Yalom 2022-03

A year-long journey by the renowned psychiatrist and his writer wife after her terminal diagnosis, as they reflect on how to love and live without regret. Internationally acclaimed psychiatrist and author Irvin Yalom devoted his career to counseling those suffering from anxiety and grief. But never had he faced the need to counsel himself until his wife, esteemed feminist author Marilyn Yalom, was diagnosed with cancer. In *A Matter of Death and Life*, Marilyn and Irv share how they took on profound new struggles: Marilyn to die a good death, Irv to live on without her. In alternating accounts of their last months together and Irv's first months alone, they offer us a rare window into facing mortality and coping with the loss of one's beloved. The Yaloms had numerous blessings--a loving family, a Palo Alto home under a magnificent valley oak, a large circle of friends, avid readers around the world, and a long, fulfilling marriage--but they faced death as we all do. With the wisdom of those who have thought deeply, and the familiar warmth of teenage sweethearts who've grown up together, they investigate universal questions of intimacy, love, and grief. Informed by two lifetimes of experience, *A Matter of Death and Life* is an openhearted offering to anyone seeking support, solace, and a

meaningful life.

Unlocked - Anastasia Piatakhina-Giré 2022-04-05

Unlocked tells the stories of ten different people in therapy in various cultural and geographical contexts - from Saudi Arabia to Venice or New York. Each narrative explores a unique presenting situation and uncovers the complexities of the therapeutic experience. All therapeutic work described in this book happens online. Inspired by real client sessions, the therapist narrator and the clients' stories are fictionalized for privacy. Rather than presenting a barrier, Unlocked demonstrates how a curious and skilled therapist can make the most of the unexpected gifts that the 'screen' offers--be it the intrusion of a pet, a parent breaking into the session, or a client taking her therapist for a ride outside. Therapeutic conversations that happen on the screen have a surprising close-up quality; these stories convey the renewed intimacy and intensity of such practice and present new possibilities for the therapeutic process. They will be of interest not only to therapists who are transitioning their practice online but also to those considering therapy or curious about the therapeutic process.

A Matter of Death and Life - Irvin D. Yalom 2021-03-02

A year-long journey by the renowned psychiatrist and his writer wife after her terminal diagnosis, as they reflect on how to love and live without regret.

Internationally acclaimed psychiatrist and author Irvin Yalom devoted his career to counseling those suffering from anxiety and grief. But never had he faced the need to counsel himself until his wife, esteemed feminist author Marilyn Yalom, was diagnosed with cancer. In *A Matter of Death and Life*, Marilyn and Irv share how they took on profound new struggles: Marilyn to die a good death, Irv to live on without her. In alternating accounts of their last months together and Irv's first months alone, they offer us a rare window into facing mortality and coping with the loss of one's beloved. The Yaloms had numerous blessings—a loving family, a Palo Alto home under a magnificent valley oak, a large circle of friends, avid readers around the world, and a long, fulfilling marriage—but they faced death as we all do. With the wisdom of those who have thought deeply, and the familiar warmth of teenage sweethearts who've grown up together, they investigate universal questions of intimacy, love, and grief. Informed by two lifetimes of experience, *A Matter of Death and Life* is an openhearted offering to anyone seeking support, solace, and a meaningful life.

Life is a Brief Opportunity for Joy - Will Meyerhofer 2010

This book is a guide to discovering joy, the simple pleasure of living each day. I am a psychotherapist, with an office in New York City. As I work with patients and listen to their stories, I search for themes that define the human condition. These themes have melded into a philosophy centered upon living with joy. No book can substitute for the process of psychotherapy. But I hope these ideas will introduce you to the work of self-discovery at the heart of that experience.

Philosophical Practice - Lou Marinoff 2001-11-08

This book provides a look at philosophical practice from the viewpoint of the practitioner or prospective practitioner. It answers the questions: What is philosophical practice? What are its aims and methods? How does philosophical counseling differ from psychological counseling and other forms of psychotherapy. How are philosophical practitioners educated and trained? How do philosophical practitioners relate to other professions? What are the politics of

philosophical practice? How does one become a practitioner? What is APPA Certification? What are the prospects for philosophical practice in the USA and elsewhere? *Handbook of Philosophical Practice* provides an account of philosophy's current renaissance as a discipline of applied practice while critiquing the historical, social, and cultural forces which have contributed to its earlier descent into obscurity.

Becoming Myself - Irvin D. Yalom 2017-10-03

'When Yalom publishes something - anything - I buy it, and he never disappoints. He's an amazing storyteller, a gorgeous writer, a great, generous, compassionate thinker, and - quite rightly - one of the world's most influential mental healthcare practitioners' Nicola Barker, *Guardian Best Books of 2017* 'Wonderful, compelling and as insightful about its subject and about the times he lived in as you could hope for. A fabulous read' Abraham Verghese, author of *Cutting for Stone* Irvin D. Yalom has made a career of investigating the lives of others. In *Becoming Myself*, his long-awaited memoir, he turns his therapeutic eye on himself, delving into the relationships that shaped him and the groundbreaking work that made him famous. The first-generation child of immigrant Russian Jews, Yalom grew up in a lower-class neighbourhood in Washington DC. Determined to escape its confines, he set his sights on becoming a doctor. An incredible ascent followed: we witness his start at Stanford Medical School amid the cultural upheavals of the 1960s, his turn to writing fiction as a means of furthering his exploration of the human psyche and his rise to international prominence. Yalom recounts his revolutionary work in group psychotherapy and how he became the foremost practitioner of existential psychotherapy, a method that draws on the wisdom of great thinkers over the ages. He reveals the inspiration for his many seminal books, including *Love's Executioner* and *When Nietzsche Wept*, which meld psychology and philosophy to arrive at arresting new insights into the human condition. Interweaving the stories of his most memorable patients with personal tales of love and regret, *Becoming Myself* brings readers close to Yalom's therapeutic technique, his writing process and his family life.

I'm Calling the Police - Irvin D. Yalom 2011-03-01

"Something heavy is going on -- the past is erupting -- my two lives, night and day, are joining. I need to talk." Irv Yalom's old medical school friend was making a plea for help. In their fifty years of friendship, Bob Berger had never divulged his nocturnal terrors to his close comrade. Now, finally, he found himself forced to. In *I'm Calling the Police*, Berger recounts to Yalom the anguish of a war-torn past: By pretending he was a Christian, Berger survived the Holocaust. But after a life defined by expiation and repression, a dangerous encounter has jarred loose the painful memory of those years. Together, they interpret the fragments of the horrific past that haunt his dreams. *I'm Calling the Police* is a powerful exploration of Yalom's most vital themes -- memory, fear, love, and healing -- and a glimpse into the life of the man himself.

Treating Sexual Disorders - Randolph S. Charlton 1997

Crafted to be accessible to novice clinicians, experienced therapists, as well as experts in sexual dysfunction, this book is filled with down-to-earth advice and case examples. The book provides clinicians with the necessary tools to understand the basics behind the formulation of effective treatment of sexual dysfunction. Numerous clinical examples are presented to show how the author arrived at a treatment strategy.